

USE OF SHOWERS

Showers are permitted under the following conditions:

- One person in a shower cubicle at each time
- Use of every second shower in an open shower room
- Capacity limits as per density requirements must be observed
- No sharing of hard soaps (pump bottles permitted)
- No sharing of towels
- Spot cleaning following each user, and deep cleaning following each training/match day
 - Showers users are responsible for cleaning the shower following use as per checklist below
 - Venues must ensure cleaning supplies available in all shower cubicles, and for each shower station being utilised as follows:
 - Disposable cloths or paper towels, which must be changed between each user

or

- Alcohol based cleaning spray or solution
- Rubbish bins

SHOWER CLEANING CHECKLIST

Wipe down with a new cloth:

- ✓ Taps
- √ Soap & Shampoo Bottles
- ✓ Door Lock & Handle
- ✓ Bench or Seating
- ✓ Any Touched/Relevant Surface

Dispose of cleaning cloth/paper towel in bin

This checklist should be printed, laminated and displayed prominently in shower areas