

## CLEANING OF FREQUENTLY TOUCHED SURFACES USING APPROPRIATE DETERGENT/DISINFECTANT SOLUTIONS OR WIPES IS EFFECTIVE AT MINIMISING THE RISK OF COVID-19 TRANSMISSION.

Spot cleaning throughout match days, training sessions and club events is required, and we also recommend a deep clean before and after each training and match day.

## **SPOT CLEANING**

Spot cleaning is regular cleaning of high frequency areas, including changerooms and match days areas in between user groups.

| CHECKLIST FOR CHANGEROOMS & MATCH DAY AREAS | CHECKLIST FOR OTHER AREAS            |
|---|--------------------------------------|
| Wipe down:                                  | Wipe down:                           |
| o benches and/or seating                    | o service area at bars/canteens      |
| o door handles and locks                    | <ul> <li>EFTPOS machines</li> </ul>  |
| o taps, sinks and toilet buttons            | o door handles                       |
| o interchange bench seating                 | o door locks, taps, sinks and toilet |
| o coaches' box                              | buttons in all bathrooms             |
| o footballs                                 | o handrails                          |

## **DEEP CLEANING**

Deep cleaning is a more thorough cleaning of all areas accessed on a training/match day, and should include:

- Wipe down of all surfaces
- o Mopping/Vacuuming of floors
- Cleaning of toilets

## **CLEANING EQUIPMENT**

It is preferable to use disposable cleaning mops and cloths. If unable to use disposable mops and cloths, then reusable mops and cloths are to be cleaned and disinfected regularly. For most general cleaning tasks, a neutral detergent with pH between 6 and 8 should be used. The use of combined detergent / disinfectant wipes is also acceptable.